

Hot off the griddle with whipped butter and syrup

Sweet Potato Pecan Cakes*	10.95	French Toast	8.95
Blueberry Griddlecakes	9.95	Caramelized Banana Waffle	9.95
Golden Griddlecakes	8.95	Belgian Waffle	8.95
Blue Corn Pine Nut Cakes*	10.95	Sweet Potato Pecan Waffle*	9.95
Cinnamon Roll Griddlecakes	9.95	Blue Corn Waffle*	9.95

Breakfast Stack's

Carnitas Breakfast Stack	10.95	sweet potato pancake, pulled pork, bacon, 2 eggs, pineapple salsa
Blue Corn Cake Chorizo Stack	10.95	chorizo, green chilies, red pepper, onion, 2 eggs, pineapple salsa
Elvis French Toast Stack	10.95	two pieces French Toast, peanut butter, caramelized bananas, bacon
Chipotle Chicken Waffle Stack	10.95	honey chipotle glazed chicken, bacon, 2 eggs, pineapple salsa
Griddle Combo Stack	9.95	two eggs, two bacon slices, 2 cakes, whipped butter

Blue Sky Benedicts poached eggs, homefries

California Croissant Benedict	12.95	sliced avocado, fresh tomato, hollandaise, croissant
Smoked Salmon Benedict	13.95	cream cheese, hollandaise, english muffin
Classic Eggs Benedict	12.95	thick smoked ham, hollandaise, english muffin
Carnitas Benedict	12.95	jalapenos, cream cheese, chives, hollandaise, english muffin,

Omelets and Scrambles 10.95 homefries, english muffin

Denver West Omelet*	bacon, sausage, ham, red pepper, onion, cheddar, sour cream & chives
Jalapeno Popper Omelet*	fresh jalapenos, red pepper, onion, bacon, cream cheese, cheddarjack
Roasted Tomato & Artichoke Omelet*	fresh spinach and feta cheese
Avocado Bacon & Cheddar Omelet*	fresh avocado slices, bacon & cheddarjack
Lean Mean Protein Omelet*	egg whites, turkey, spinach, tomatoes, cheddarjack
Garden Veggie Omelet*	spinach, tomato, pepper, mushrooms, zucchini, onion, cheddarjack, avocado
Boulder Omelet	veggie sausage, red pepper, chili verde, salsa verde, cheddarjack, avocado
Spinach Scramble*	bacon, mushrooms, cream cheese, cheddarjack, hollandaise on the side
Rio Grande Scramble*	green chilies, red pepper, cream cheese, chili verde, cheddarjack, hollandaise

Breakfast Bowls, Burritos, Huevos

Quinoa or Oatmeal Superfood Bowl*	9.95	banana, blueberries, maple syrup, maple spiced pepitas, milk, english muffin, honey almond butter
Cinnamon Roll Oatmeal	9.95	pecans, cream cheese glaze, cinnamon glaze, milk, muffin, almond butter
Ambrosia Fruit Bowl*	9.50	pineapple, strawberries, grapes, apples, yogurt, maple syrup, pecans
Savory Breakfast Bowl*	10.95	quinoa, black beans, roasted tomatoes, artichokes, spinach, sautéed vegetables, yogurt, egg, spiced pepitas, cilantro (vegans sub tofu for eggs & yogurt)
Blue Sky Burrito	10.95	choice of ham, bacon, sausage, chorizo, chicken, carnitas, or veggie sausage. scrambled eggs, chili verde, cheddarjack, tomatoes, salsa, sour cream, chives, whole wheat tortilla, homefries.
Crispy Huevos*	10.95	crispy corn tortillas, chorizo, jalapenos, red pepper, chili verde, cheddarjack, two basted eggs, cilantro, homefries
Santa Fe Huevos*	10.95	corn tortillas, black beans, 2 basted eggs, chili verde, cheddarjack, tomatoes, sour cream, chives, homefries
Huevos Motulenos*	10.95	fried banana, corn tortillas, black beans, basted eggs, chili verde, feta, homefries
Mini Huevos*	9.50	corn tortilla, two basted eggs, chili verde, cheddarjack, homefries

Breakfast Tacos with Chorizo, Carnitas, or Veggie Sausage 10.95

spinach, black beans, eggs, chile verde, red pepper, cilantro, chipotle cream, cheddarjack, tomatillo salsa, homefries

Big Mama's Breakfast Skillets 10.95 homefries, cheddarjack, baked eggs, english muffin

El Hombre Skillet* bacon, tomatoes, onions, chili verde

Fiery Carnitas Skillet* fire braised pulled pork, jalapenos, tomatoes, chili verde

Chorizo Skillet* pepper, onion, chili verde, jalapenos

Country Skillet sausage, onions, peppers, gravy

Farmhand Skillet* bacon, ham, sausage, onion, red pepper, tomato, mushrooms, zucchini

Rainbow Veggie Skillet* mushrooms, spinach, tomato, zucchini, pepper, onions

Blue Sky Special* 12.95 eggs, bacon OR sausage, cakes, french toast, waffle OR biscuits & gravy, homefries

Great American Breakfast* 10.95 eggs, ham, bacon or sausage, english muffin; homefries

Breakfast Croissant Sandwich 9.95 egg, bacon, cheddar, homefries

Lunch Bowls and Salad* Chicken 12.95 **Salmon** 13.95 **Tofu** 11.95

Asian Sweet Chili Bowl kale slaw, quinoa, fresh pineapple, cilantro, pepper, sweet chili sauce, honey lime

Crispy Southwest Bowl tortilla chips, fresh greens, black beans, red pepper, corn, honey chipotle, ranch

Honey Chipotle Salad Bowl fresh greens, quinoa, tomatoes, avocado, cilantro, pepitas, honey lime

Savory Quinoa Bowl spinach, veggies, black beans, tomatoes, artichokes, cilantro, pepitas, salsa, ranch

Peanut Lime Bowl kale slaw, quinoa, cherry tomatoes, cilantro, spiced pepitas, peanut sauce, honey lime

Spinach Salad strawberries, maple glazed pecans, cranberries, feta, balsamic reduction, maple vinaigrette

Roasted Tomato & Artichoke Salad greens, quinoa, feta, chives, balsamic reduction, vinaigrette

Creamy Chicken Salad Bowl fresh greens, kale slaw, tomatoes, grapes, cranberries, red peppers, maple glazed pecans, balsamic reduction, maple vinaigrette (no salmon or tofu option)

Sandwiches choice of kale slaw, soup, sweet potato fries or waffle fries

Fire Braised Carnitas Grill* 12.95 flatbread, garlic mayo, roasted tomatoes, swiss, sour cream, chives

California Chicken Croissant Melt* 12.95 garlic mayo, avocado, bacon, swiss, lettuce, tomato

Smoked Turkey & Bacon Wrap 12.95 avocado, sour cream, cheddarjack, lettuce, salsa verde

Turkey Grill with Roasted Tomatoes, Artichokes, Bacon* 12.95 flatbread, mayo, spinach, swiss

Veggie Burger* 11.95 house made, tomato, avocado, kale slaw, salsa verde

BYO Burger* 11.95 lettuce, tomato, garlic mayo, additional toppings .50 each

Fajita Wrap Chicken 12.95 Salmon 13.95 pepper, onion, cheddarjack, avocado, salsa, sour cream, chives

Chicken Salad Croissant* 12.95 grapes, cranberries, pecans, pepper, lettuce, tomato

Classic BLT or ALT* 11.95 whole wheat, bacon or avocado, lettuce, tomato, garlic mayo

Flatbread 11.95 **Gluten Free Option Available** 13.95

BBQ Hawaiian garlic mayo, spinach, honey chipotle chicken, bacon, pineapple, red pepper, bbq, cheddarjack

Grilled Chicken, Roasted Tomato & Artichoke garlic mayo, spinach, feta, balsamic reduction

Honey Chipotle Chicken Ranch garlic mayo, spinach, bacon, red pepper, cheddarjack, ranch

Lunch Tacos* kale slaw, cilantro, spiced pepitas, cheddarjack, chipotle cream, pineapple salsa

Honey Chipotle Chicken 12.95 grilled chicken breast, honey chipotle glaze

Spicy Salmon 13.95 pan fried wild salmon, spicy rice flour crust

Black Bean Veggie 11.95 sautéed spinach, red pepper, onion, zucchini, mushrooms, avocado

Espresso

Cappuccino 5

espresso, steamed milk with lots of foam

Grande Latte 5

espresso, lots of steamed milk, a little foam

Black & White Mocha 5.50

espresso, white & dark chocolate, whip cream

Snickerdoodle 5.50

espresso, chocolate, hazelnut, caramel, whip cream

Cinnamon Latte 5.50

espresso, cinnamon, vanilla, whip cream

Caramel Latte 5.50

espresso, steamed milk, caramel, whip cream

Almond Joy 5.50

espresso, steamed milk, white & dark chocolate, almond syrup, whip cream

Chai Latte 5.50

strong, sweet oregon chai tea & steamed milk

Wired Chai 6.50

espresso, oregon chai tea and steamed milk

Smoothies

Ocean Breeze 5.50

strawberries, pineapple, banana, apple juice

Boomin Blueberry 5.50

blueberries, kale, banana, orange juice

Berry Blues 5.50

strawberries, blueberries, banana, yogurt

Flying Elvis 6.50

espresso, chocolate, peanut butter, milk, banana

Screaming Banshee 5.50

chocolate, peanut butter, milk, banana

Super Green 5.50

spinach, pineapple, banana, apple juice

Juices

Spicy Tomato Pepper Carrot 5.50

Beet Carrot Apple Lemon Ginger 5.50

Carrot Apple Ginger 5.50

Lemon Apple Ginger 5.50

Strawberry Apple Pineapple 6.50

Beet Spinach Strawberry Apple 5.50

Kale Spinach Apple Carrot 5.50

Spinach Grape Apple Ginger 5.50

Milkshakes

Very Vanilla 6

Double Chocolate 6

Fresh Strawberry 6

Espresso 6

Peanut Butter Cup 6

Creamy Oregon Chai 6

Children's Menu (kids 12 and under)

Funny Face Pancake* 4.95 blueberry eyes, strawberry nose, whipped cream smile!

Kid's Pancake Sandwich* 5.95 one mini pancake, one egg, 2 bacon strips, butter and syrup

Granny's French Toast* 5.95 two pieces with powdered sugar, butter and syrup

Kid's Combo* 5.95 one egg, two bacon strips, english muffin, fruit

Egg-a-Muffin 5.95 english muffin, one scrambled egg, cheese, veggie sausage, fruit

Grilled Turkey and Cheese* 6.95 sliced smoked turkey on vienna bread, fries

Grilled Cheese* 5.95 cheddarjack cheese on thick vienna bread, fries

Beverages

Juices: fresh orange, apple,
tomato, cranberry 2.99, 5.99
Organic Coffee & Decaf 2.99

Organic Flavored Coffee 2.99
Gourmet Hot Tea 2.99
Iced Tea, Soda 2.99

Fresh Lemonade 3.99
Milk, Chocolate Milk 2.99, 4.99
Hot Chocolate 2.99, 3.99

*** notes gluten free item or option available – we cannot guarantee gluten free consuming raw or undercooked meats, poultry, or eggs may increase your risk of food borne illness**

