**Hot off the griddle with whipped butter and syrup**

- Sweet Potato Pecan Cakes* 10.95  French Toast  8.95
- Blueberry Griddlecakes 9.95  Caramelized Banana Waffle  9.95
- Golden Griddlecakes 8.95  Belgian Waffle  8.95
- Blue Corn Pine Nut Cakes* 10.95  Sweet Potato Pecan Waffle*  9.95
- Cinnamon Roll Griddlecakes 9.95  Blue Corn Waffle*  9.95

**Breakfast Stack’s**

- Carnitas Breakfast Stack 10.95 sweet potato pancake, pulled pork, bacon, 2 eggs, pineapple salsa
- Blue Corn Cake Chorizo Stack 10.95 chorizo, green chilies, red pepper, onion, 2 eggs, pineapple salsa
- Elvis French Toast Stack 10.95 two pieces French Toast, peanut butter, caramelized bananas, bacon
- Chipotle Chicken Waffle Stack 10.95 honey chipotle glazed chicken, bacon, 2 eggs, pineapple salsa
- Griddle Combo Stack 9.95 two eggs, two bacon slices, 2 cakes, whipped butter

**Blue Sky Benedicts** poached eggs, homefries

- California Croissant Benedict 12.95 sliced avocado, fresh tomato, hollandaise, croissant
- Smoked Salmon Benedict 13.95 cream cheese, hollandaise, english muffin
- Classic Eggs Benedict 12.95 thick smoked ham, hollandaise, english muffin
- Carnitas Benedict 12.95 jalapenos, cream cheese, chives, hollandaise, english muffin

**Omelets and Scrambles** 10.95 homefries, english muffin

- Denver West Omelet*  bacon, sausage, ham, red pepper, onion, cheddar, sour cream & chives
- Jalapeno Popper Omelet* fresh jalapenos, red pepper, onion, bacon, cream cheese, cheddarjack
- Roasted Tomato & Artichoke Omelet* fresh spinach and feta cheese
- Avocado Bacon & Cheddar Omelet* fresh avocado slices, bacon & cheddarjack
- Lean Mean Protein Omelet* egg whites, turkey, spinach, tomatoes, cheddarjack
- Garden Veggie Omelet* spinach, tomato, pepper, mushrooms, zucchini, onion, cheddarjack, avocado
- Boulder Omelet veggie sausage, red pepper, chili verde, salsa verde, cheddarjack, avocado
- Spinach Scramble*  bacon, mushrooms, cream cheese, cheddarjack, hollandaise on the side
- Rio Grande Scramble* green chilies, red pepper, cream cheese, chili verde, cheddarjack, hollandaise

**Breakfast Bowls, Burritos, Huevos**

- Quinoa or Oatmeal Superfood Bowl* 9.95 banana, blueberries, maple syrup, maple spiced pepitas, milk, english muffin, honey almond butter
- Cinnamon Roll Oatmeal 9.95 pecans, cream cheese glaze, cinnamon glaze, milk, muffin, almond butter
- Ambrosia Fruit Bowl* 9.50 pineapple, strawberries, grapes, apples, yogurt, maple syrup, pecans
- Savory Breakfast Bowl* 10.95 quinoa, black beans, roasted tomatoes, artichokes, spinach, sautéed vegetables, yogurt, egg, spiced pepitas, cilantro (vegans sub tofu for eggs & yogurt)
- Blue Sky Burrito 10.95 choice of ham, bacon, sausage, chorizo, chicken, carnitas, or veggie sausage. scrambled eggs, chili verde, cheddarjack, tomatoes, salsa, sour cream, chives, whole wheat tortilla, homefries.
- Crispy Huevos* 10.95 crispy corn tortillas, chorizo, jalapenos, red pepper, chili verde, cheddarjack, two basted eggs, cilantro, homefries
- Santa Fe Huevos* 10.95 corn tortillas, black beans, 2 basted eggs, chili verde, cheddarjack, tomatoes, sour cream, chives, homefries
- Huevos Motulenos* 10.95 fried banana, corn tortillas, black beans, basted eggs, chili verde, feta, homefries
- Mini Huevos* 9.50 corn tortilla, two basted eggs, chili verde, cheddarjack, homefries
Breakfast Tacos with Chorizo, Carnitas, or Veggie Sausage 10.95
spinach, black beans, eggs, chile verde, red pepper, cilantro, chipotle cream, cheddarjack, tomatillo salsa, homefries

Big Mama’s Breakfast Skillets 10.95 homefries, cheddarjack, basted eggs, english muffin
El Hombre Skillet* bacon, tomatoes, onions, chili verde
Fiery Carnitas Skillet* fire braised pulled pork, jalapenos, tomatoes, chili verde
Chorizo Skillet* pepper, onion, chili verde, jalapenos
Country Skillet sausage, onions, peppers, gravy
Farmhand Skillet* bacon, ham, sausage, onion, red pepper, tomato, mushrooms, zucchini
Rainbow Veggie Skillet* mushrooms, spinach, tomato, zucchini, pepper, onions

Blue Sky Special*12.95 eggs, bacon OR sausage, cakes, french toast, waffle OR biscuits & gravy, homefries
Great American Breakfast*10.95 eggs, ham, bacon or sausage, english muffin; homefries
Breakfast Croissant Sandwich 9.95 egg, bacon, cheddar, homefries

Lunch Bowls and Salad* Chicken 12.95 Salmon 13.95 Tofu 11.95
Asian Sweet Chili Bowl kale slaw, quinoa, fresh pineapple, cilantro, pepper, sweet chili sauce, honey lime
Crispy Southwest Bowl tortilla chips, fresh greens, black beans, red pepper, corn, honey chipotle, ranch
Honey Chipotle Salad Bowl fresh greens, quinoa, tomatoes, avocado, cilantro, pepitas, honey lime
Savory Quinoa Bowl spinach, veggies, black beans, tomatoes, artichokes, cilantro, pepitas, salsa, ranch
Peanut Lime Bowl kale slaw, quinoa, cherry tomatoes, cilantro, spiced pepitas, peanut sauce, honey lime
Spinach Salad strawberries, maple glazed pecans, cranberries, feta, balsamic reduction, maple vinaigrette
Roasted Tomato & Artichoke Salad greens, quinoa, feta, chives, balsamic reduction, vinaigrette
Creamy Chicken Salad Bowl fresh greens, kale slaw, tomatoes, grapes, cranberries, red peppers, maple glazed pecans, balsamic reduction, maple vinaigrette (no salmon or tofu option)

Sandwiches choice of kale slaw, soup, sweet potato fries or waffle fries
Fire Braised Carnitas Grill*12.95 flatbread, garlic mayo, roasted tomatoes, swiss, sour cream, chives
California Chicken Croissant Melt*12.95 garlic mayo, avocado, bacon, swiss, lettuce, tomato
Smoked Turkey & Bacon Wrap 12.95 avocado, sour cream, cheddarjack, lettuce, salsa verde
Turkey Grill with Roasted Tomatoes, Artichokes, Bacon*12.95 flatbread, mayo, spinach, swiss
Veggie Burger* 11.95 house made, tomato, avocado, kale slaw, salsa verde
BYO Burger*11.95 lettuce, tomato, garlic mayo, additional toppings .50 each
Fajita Wrap Chicken 12.95 Salmon 13.95 pepper, onion, cheddarjack, avocado, salsa, sour cream, chives
Chicken Salad Croissant* 12.95 grapes, cranberries, pecans, pepper, lettuce, tomato
Classic BLT or ALT* 11.95 whole wheat, bacon or avocado, lettuce, tomato, garlic mayo

Flatbread 11.95 Gluten Free Option Available 13.95
BBQ Hawaiian garlic mayo, spinach, honey chipotle chicken, bacon, pineapple, red pepper, bbq, cheddarjack
Grilled Chicken, Roasted Tomato & Artichoke garlic mayo, spinach, feta, balsamic reduction
Honey Chipotle Chicken Ranch garlic mayo, spinach, bacon, red pepper, cheddarjack, ranch

Lunch Tacos* kale slaw, cilantro, spiced pepitas, cheddarjack, chipotle cream, pineapple salsa
Honey Chipotle Chicken 12.95 grilled chicken breast, honey chipotle glaze
Spicy Salmon 13.95 pan fried wild salmon, spicy rice flour crust
Black Bean Veggie 11.95 sautéed spinach, red pepper, onion, zucchini, mushrooms, avocado
Espresso
Cappuccino 5  
espresso, steamed milk with lots of foam
Grande Latte 5  
espresso, lots of steamed milk, a little foam
Black & White Mocha 5.50  
espresso, white & dark chocolate, whip cream
Snickerdoodle 5.50  
espresso, chocolate, hazelnut, caramel, whip cream
Cinnamon Latte 5.50  
espresso, cinnamon, vanilla, whip cream

Caramel Latte 5.50
espresso, steamed milk, caramel, whip cream
Almond Joy 5.50
espresso, steamed milk, white & dark chocolate, almond syrup, whip cream
Chai Latte 5.50
strong, sweet Oregon chai tea & steamed milk
Wired Chai 6.50
espresso, Oregon chai tea and steamed milk

Smoothies
Ocean Breeze 5.50
strawberries, pineapple, banana, apple juice
Boomin Blueberry 5.50
blueberries, kale, banana, orange juice
Berry Blues 5.50
strawberries, blueberries, banana, yogurt

Flying Elvis 6.50
espresso, chocolate, peanut butter, milk, banana
Screaming Banshee 5.50
chocolate, peanut butter, milk, banana
Super Green 5.50
spinach, pineapple, banana, apple juice

Juices
Spicy Tomato Pepper Carrot 5.50
Beet Carrot Apple Lemon Ginger 5.50
Carrot Apple Ginger 5.50
Lemon Apple Ginger 5.50

Strawberry Apple Pineapple 6.50
Beet Spinach Strawberry Apple 5.50
Kale Spinach Apple Carrot 5.50
Spinach Grape Apple Ginger 5.50

Milkshakes
Very Vanilla 6
Double Chocolate 6
Fresh Strawberry 6
Espresso 6
Peanut Butter Cup 6
Creamy Oregon Chai 6

Children’s Menu (kids 12 and under)
Funny Face Pancake* 4.95  
blueberry eyes, strawberry nose, whipped cream smile!
Kid’s Pancake Sandwich* 5.95  
one mini pancake, one egg, 2 bacon strips, butter and syrup
Granny’s French Toast* 5.95  
two pieces with powdered sugar, butter and syrup
Kid’s Combo* 5.95  
one egg, two bacon strips, english muffin, fruit
Egg-a-Muffin 5.95  
english muffin, one scrambled egg, cheese, veggie sausage, fruit
Grilled Turkey and Cheese* 6.95  
sliced smoked turkey on vienna bread, fries
Grilled Cheese* 5.95  
cheddarjack cheese on thick vienna bread, fries

Beverages
Juices: fresh orange, apple,
tomato, cranberry  2.99, 5.99
Organic Coffee & Decaf 2.99
Organic Flavored Coffee 2.99
Gourmet Hot Tea 2.99
Iced Tea, Soda 2.99
Fresh Lemonade 3.99
Milk, Chocolate Milk 2.99, 4.99
Hot Chocolate 2.99, 3.99

* notes gluten free item or option available – we cannot guarantee gluten free consuming raw or undercooked meats, poultry, or eggs may increase your risk of food borne illness