

Hot off the griddle with whipped butter and syrup

Sweet Potato Pecan Cakes GF		French Toast	9.95
11.95		Caramelized Banana Waffle	10.95
Blueberry Griddlecakes	10.95	Belgian Waffle	9.95
Golden Griddlecakes	9.95	Sweet Potato Pecan Waffle GF	
Blue Corn Pine Nut Cakes GF		10.95	
11.95		Blue Corn Waffle GF	10.95
Cinnamon Roll Griddlecakes	10.95		

Breakfast Stacks *

Carnitas Breakfast Stack GF	11.95	sweet potato pancake, pulled pork, bacon, 2 eggs, pineapple salsa
Blue Corn Cake Chorizo Stack GF	11.95	chorizo, green chilies, red pepper, onion, 2eggs, pineapple salsa
Elvis French Toast Stack	11.95	two pieces French Toast, peanut butter, caramelized bananas, bacon
Chipotle Chicken Blue Corn Waffle Stack	12.95	honey chipotle glazed chicken, bacon, 2 eggs, pineapple salsa
Griddle Combo Stack	10.95	two eggs, two bacon slices, 2 cakes, whipped butter

Blue Sky Benedicts * poached eggs, homefries

California Croissant Benedict	13.95	sliced avocado, fresh tomato, hollandaise, croissant
Smoked Salmon Benedict*	14.95	cream cheese, hollandaise, english muffin
Classic Eggs Benedict	13.95	thick smoked ham, hollandaise, english muffin
Carnitas Benedict	13.95	jalapenos, cream cheese, chives, hollandaise, english muffin,

Omelets and Scrambles * 12.95 homefries, english muffin **GlutenFreeOptions available - extra charge**

Denver West Omelet GFO	bacon, sausage, ham, red pepper, onion, cheddar, sour cream & chives
Jalapeno Popper Omelet GFO	fresh jalapenos, red pepper, onion, bacon, cream cheese, cheddarjack
Roasted Tomato & Artichoke Omelet GFO	fresh spinach and feta cheese
Avocado Bacon & Cheddar Omelet GFO	fresh avocado slices, bacon & cheddarjack
Lean Mean Protein Omelet GFO	egg whites, turkey, spinach, tomatoes, cheddarjack
Garden Veggie Omelet GFO	spinach, tomato, pepper, mushrooms, zucchini, onion, cheddarjack, avocado
Boulder Omelet	veggie sausage, red pepper, chili verde, salsa verde, cheddarjack, avocado, tomato
Spinach Scramble GFO	bacon, mushrooms, cream cheese, cheddarjack, hollandaise on the side
Rio Grande Scramble GFO	green chilies, red pepper, cream cheese, chili verde, cheddarjack, hollandaise

Breakfast Bowls, Burritos, Huevos **GlutenFreeOptions available - extra charge**

Quinoa or Oatmeal Superfood Bowl GFO	9.95	banana, blueberries, maple syrup, maple spiced pepitas, milk, english muffin, honey almond butter
Cinnamon Roll Oatmeal	9.95	pecans, cream cheese glaze, cinnamon glaze, milk, muffin, almond butter
Ambrosia Fruit Bowl GF	9.50	pineapple, strawberries, grapes, apples, yogurt, maple syrup, pecans

Savory Breakfast Bowl GF 11.95 quinoa, black beans, roasted tomatoes, artichokes, spinach, sautéed vegetables, yogurt, egg, spiced pepitas, cilantro (vegans sub tofu for eggs & yogurt)

Blue Sky Burrito 12.95 choice of ham, bacon, sausage, chorizo, chicken, carnitas, or veggie sausage. scrambled eggs, chili verde, cheddarjack, tomatoes, salsa, sour cream, chives, whole wheat tortilla, homefries.

Crispy Huevos GF 12.95 crispy corn tortillas, chorizo, jalapenos, red pepper, chili verde, cheddarjack, two basted eggs, cilantro, homefries

Santa Fe Huevos GF 12.95 corn tortillas, black beans, 2 basted eggs, chili verde, cheddarjack, tomatoes, sour cream, chives, homefries

Huevos Motulenos GF 12.95 fried banana, corn tortillas, black beans, basted eggs, chili verde, feta, homefries

Mini Huevos GF 9.95 corn tortilla, two basted eggs, chili verde, cheddarjack, homefries

Breakfast Tacos with Chorizo, Carnitas, or Veggie Sausage GFO 11.95 spinach, black beans, eggs, chile verde, red pepper, cilantro, chipotle cream, cheddarjack, tomatillo salsa, homefries

Big Mama's Breakfast Skillets 12.95 homefries, cheddarjack, basted eggs, english muffin

El Hombre Skillet GFO bacon, tomatoes, onions, chili verde

Fiery Carnitas Skillet GFO fire braised pulled pork, jalapenos, tomatoes, chili verde

Chorizo Skillet GFO pepper, onion, chili verde, jalapenos

Country Skillet GFO sausage, onions, peppers, gravy

Farmhand Skillet GFO bacon, ham, sausage, onion, red pepper, tomato, mushrooms

Rainbow Veggie Skillet GFO mushrooms, spinach, tomato, zucchini, pepper, onions

Blue Sky Special GFO 13.95 eggs, bacon OR sausage. CHOICE cakes, french toast, waffle, biscuits+gravy

Great American Breakfast GFO 11.95 eggs, ham, bacon or sausage, english muffin; homefries

Breakfast Croissant Sandwich GFO 9.95 egg, bacon, cheddar, homefries

Lunch Bowls and Salad **Chicken** 13.95 **Salmon*** 14.95 **Tofu** 12.95

Asian Sweet Chili Bowl GF kale slaw, quinoa, pineapple, cilantro, pepper, sweet chili sauce, honey lime

Crispy Southwest Bowl GF tortilla chips, greens, black beans, pepper, corn, honey
chipotle, cilantro, pepitas, ranch

Honey Chipotle Salad Bowl GF fresh greens, quinoa, tomatoes, avocado, cilantro, pepitas, honey lime

Savory Quinoa Bowl GF spinach, veggies, black beans, tomatoes, artichokes, cilantro, pepitas, salsa, ranch

Peanut Lime Bowl GF kale slaw, quinoa, cherry tomatoes, cilantro, spiced pepitas, peanut sauce, honey lime

Spinach Salad GF strawberries, maple glazed pecans, cranberries, feta, balsamic reduction, maple vinaigrette

Roasted Tomato & Artichoke Salad GF greens, quinoa, feta, chives, balsamic reduction, vinaigrette

Creamy Chicken Salad Bowl GF fresh greens, kale slaw, tomatoes, grapes, cranberries, red peppers, maple glazed pecans, balsamic reduction, maple vinaigrette (no salmon or tofu option)

Sandwiches choice of kale slaw, soup, sweet potato fries or waffle fries (GlutenFreeOption-extra charge)

Fire Braised Carnitas Grill GFO 13.95 flatbread, garlic mayo, roasted tomatoes, swiss, sour

California Chicken Croissant Melt **GFO** 13.95 garlic mayo, avocado, bacon, swiss, lettuce, tomato
Smoked Turkey & Bacon Wrap **GFO** 13.95 avocado, sour cream, cheddarjack, lettuce, salsa verde
Turkey Grill with Roasted Tomatoes, Artichokes, Bacon **GFO** 13.95 flatbread, mayo, spinach,
swiss

Veggie Burger **GFO** 11.95 house made, tomato, avocado, kale slaw, salsa verde

BYO Burger* **GFO** 12.95 lettuce, tomato, garlic mayo, additional toppings .50 each

Fajita Wrap Chicken 13.95 Salmon 14.95 pepper, onion, cheddarjack, avocado, salsa, sour cream, chives

Chicken Salad Croissant **GFO** 13.95 grapes, cranberries, pecans, pepper, lettuce, tomato

Classic BLT or ALT **GFO** 11.95 whole wheat, bacon or avocado, lettuce, tomato, garlic mayo

Flatbread 13.95 **Gluten Free Pizza Crust** 15.95

BBQ Hawaiian garlic mayo, spinach, honey chipotle chicken, bacon, pineapple, red pepper, bbq, cheddarjack

Grilled Chicken, Roasted Tomato & Artichoke garlic mayo, spinach, feta, balsamic reduction

Honey Chipotle Chicken Ranch garlic mayo, spinach, bacon, red pepper, cheddarjack, ranch

Lunch Tacos kale slaw, cilantro, spiced pepitas, cheddarjack, chipotle cream, pineapple salsa

Honey Chipotle Chicken **GF** 13.95 grilled chicken breast, honey chipotle glaze

Spicy Salmon* **GF** 14.95 pan fried wild salmon, spicy rice flour crust

Black Bean Veggie **GF** 12.95 sautéed spinach, red pepper, onion, zucchini, mushrooms, avocado

Espresso

Cappuccino 5.49

espresso, steamed milk with lots of foam

Grande Latte 5.49

espresso, lots of steamed milk, a little foam

Black & White Mocha 5.95

espresso, white & dark chocolate, whip cream

Snickerdoodle 5.95

espresso, chocolate, hazelnut, caramel, whip cream

Cinnamon Latte 5.95

espresso, cinnamon, vanilla, whip cream

Caramel Latte 5.95

espresso, steamed milk, caramel, whip cream

Almond Joy 5.95

espresso, steamed milk, white & dark chocolate,
almond syrup, whip cream

Chai Latte 5.95

strong, sweet oregon chai tea & steamed milk

Wired Chai 6.95

espresso, oregon chai tea and steamed milk

Smoothies

Ocean Breeze 5.95

strawberries, pineapple, banana, apple juice

Boomin Blueberry 5.95

blueberries, kale, banana, orange juice

Berry Blues 5.95

strawberries, blueberries, banana, yogurt

Flying Elvis 6.95

espresso, chocolate, peanut butter, milk, banana

Screaming Banshee 5.95

chocolate, peanut butter, milk, banana

Super Green 5.95

spinach, pineapple, banana, apple juice

Juices

Spicy Tomato Pepper Carrot 5.95

Beet Carrot Apple Lemon Ginger 5.95

Carrot Apple Ginger 5.95

Lemon Apple Ginger 5.95

Strawberry Apple Pineapple 6.95

Beet Spinach Strawberry Apple 5.95

Kale Spinach Apple Carrot 5.95

Spinach Grape Apple Ginger 5.95

Milkshakes

Very Vanilla 6.50

Double Chocolate 6.50

Fresh Strawberry 6.50

Espresso 6.50

Peanut Butter Cup 6.50

Creamy Oregon Chai 6.50

Children’s Menu (kids 12 and under) GF Gluten Free Options available - extra charge

Funny Face Pancake GFO 5.95 blueberry eyes, strawberry nose, whipped cream smile!

Kid’s Pancake Sandwich GFO 6.95 one mini pancake, one egg, 2 bacon strips, butter and syrup

Granny’s French Toast GFO 6.95 two pieces with powdered sugar, butter and syrup

Kid’s Combo GFO 6.95 one egg, two bacon strips, english muffin, fruit

Egg-a-Muffin GFO 6.95 english muffin, one scrambled egg, cheese, veggie sausage, fruit

Grilled Turkey and Cheese GFO 7.95 sliced smoked turkey on vienna bread, fries

Grilled Cheese GFO 6.95 cheddarjack cheese on thick vienna bread, fries

Beverages

Juices: fresh orange, apple, tomato, cranberry 3.50, 6.50	Organic Flavored Coffee 3.25	Fresh Lemonade 4.50
Organic Coffee & Decaf 3.25	Gourmet Hot Tea 3.25	Milk, Chocolate Milk 3.50, 5.50
	Iced Tea, Soda 3.25	Hot Chocolate 3.95, 5.95

GF gluten free item GFO gluten free option available for extra charge. We cannot guarantee gluten free.

**These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, or eggs may increase your risk of food borne illness*

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