

Hot off the griddle with whipped butter and syrup

Sweet Potato Pecan Cakes GF

11.95

Blueberry Griddlecakes 10.95

Golden Griddlecakes 9.95

Blue Corn Pine Nut Cakes GF

11.95

French Toast 9.95

Belgian Waffle 9.95

Sweet Potato Pecan Waffle GF

10.95

Blue Corn Waffle GF 10.95

Breakfast Stacks * GlutenFreeOptions

Carnitas Breakfast Stack 11.95 sweet potato pancake, pulled pork, bacon, 2eggs, pineapple salsa

Elvis French Toast Stack 11.95 two pieces French Toast, peanut butter, caramelized bananas, bacon

Peaches & Cream Stack 10.95 glazed peaches, sweet potato waffle, cream cheese glaze

Honey Chipotle Chicken Blue Corn Waffle 12.95 bacon, 2eggs, pineapple salsa

Griddle Combo Stack 10.95 two eggs, two bacon slices, two griddlecakes, whipped butter

Blue Sky Benedicts * poached eggs, homefries

California Croissant Benedict 13.95 sliced avocado, fresh tomato, hollandaise, croissant

Smoked Salmon Benedict* 14.95 cream cheese, hollandaise, english muffin

Classic Eggs Benedict 13.95 thick smoked ham, hollandaise, english muffin

Nashville Benedict 13.95 biscuit, pimento cheese, pulled pork, bacon, hollandaise

Breakfast Bowls, Burritos, Huevos* Gluten Free

Breakfast Pudding 9.95 quinoa & wild rice, cranberries, pecans, maple coconut cream, english muffin and honey almond butter

Oatmeal Superfood Bowl 9.95 banana, blueberries, maple syrup, maple spiced pepitas, milk, english muffin and honey almond butter

Pimento Cheese Polenta Bowl 11.95 roasted tomatoes, bacon, spinach, 2eggs, red pepper sauce

Chorizo Chili Verde Polenta Bowl 11.95 pimento cheese, red pepper, onion, spinach, 2eggs

Quinoa & Wild Rice Bowl 11.95 spinach, mushrooms, zucchini, roasted tomatoes, 2eggs, pepper sauce

Savory Breakfast Bowl 11.95 quinoa & wild rice, black beans, roasted tomatoes, artichokes, spinach, sautéed vegetables, yogurt, one egg, spiced pepitas (vegans may sub tofu for eggs and yogurt)

Blue Sky Burrito **GFO** 12.95 choice of ham, bacon, sausage, chorizo, chicken, carnitas, or veggie sausage. scrambled eggs, chili verde, cheddarjack, tomatoes, salsa, sour cream, chives, in a whole wheat tortilla, homefries.

Crispy Huevos 12.95 crispy corn tortillas, chorizo, jalapenos, red pepper, chili verde, cheddarjack, two basted eggs, cilantro, homefries

Santa Fe Huevos 12.95 corn tortillas, black beans, 2 basted eggs, chili verde, cheddarjack, tomatoes, sour cream, chives, homefries

Huevos Motulenos 12.95 fried banana, corn tortillas, black beans, basted eggs, chili verde, feta, homefries

Mini Huevos 9.95 corn tortilla, two basted eggs, chili verde, cheddarjack, homefries

Big Mama's Skillets GlutenFreeOptions 12.95 homefries, cheddarjack, basted eggs, english muffin

El Hombre Skillet bacon, tomatoes, onions, chili verde

Fiery Carnitas Skillet fire braised pulled pork, jalapenos, tomatoes, chili verde

Chorizo Skillet pepper, onion, chili verde, jalapenos

Country Skillet sausage, onions, peppers, gravy

Farmhand Skillet bacon, ham, sausage, onion, red pepper, tomato, mushrooms

Rainbow Veggie Skillet mushrooms, spinach, tomato, zucchini, pepper, onions

Breakfast Tacos with Chorizo GF, Carnitas GF, or Veggie Sausage

11.95

spinach, black beans, eggs, chili verde, red pepper, cilantro, chipotle cream, cheddar, salsa, homefries

Blue Sky Special 13.95 2eggs, homefries, bacon OR sausage, CHOICE of 2cakes, 2french toast, waffle or biscuits & gravy

Great American Breakfast 11.95 2eggs, homefries, english muffin; choice ham, bacon or sausage

Breakfast Croissant Sandwich 9.95 egg, bacon, cheddarjack, homefries

Omelets and Scrambles* GlutenFreeOptions 12.95 homefries, english muffin

Denver West Omelet bacon, sausage, ham, red pepper, onion, cheddar, sour cream & chives

Jalapeno Popper Omelet fresh jalapenos, red pepper, onion, bacon, cream cheese, cheddarjack

Roasted Tomato & Artichoke Omelet fresh spinach, and feta cheese

Avocado Bacon & Cheddar Omelet fresh avocado slices, bacon & cheddarjack

Lean Mean Protein Omelet egg whites, turkey, spinach, tomatoes, cheddarjack

Garden Veggie Omelet spinach, tomato, pepper, mushrooms, zucchini, onion, cheddar, avocado, salsa

Boulder Omelet veggie sausage, red pepper, chili verde, cheddarjack, avocado, tomato

Spinach Scramble bacon, mushrooms, cream cheese, cheddarjack, roasted red pepper sauce

Rio Grande Scramble green chilies, red pepper, cream cheese, chili verde, cheddarjack, red pepper sauce

Savory Lunch Bowls GlutenFree **Naked** 10.95 **Grilled Chicken** 12.95 **Salmon*** 13.95 **Tofu**

11.95

Pimento Cheese Polenta Bowl roasted tomatoes, bacon, spinach, roasted red pepper sauce

Chorizo Chili Verde Polenta Bowl pimento cheese, red pepper, onion, spinach, green chili

Quinoa & Wild Rice Bowl spinach, mushrooms, zucchini, roasted tomatoes, red pepper sauce

Salad Bowls GlutenFree **Naked** 11.95 **Grilled Chicken** 13.95 **Salmon*** 14.95 **Tofu** 12.95

Superfood Salad Bowl spinach, kale, carrot, radish, broccoli, red cabbage, quinoa & wild rice, avocados, roasted tomatoes, roasted artichokes, pineapple salsa, maple spiced pepitas, citrus vinaigrette

Crispy Southwest Bowl tortilla chips, greens, black beans, pepper, corn, honey chipotle, cilantro, pepitas, ranch

Honey Chipotle Salad Bowl fresh greens, quinoa, tomatoes, avocado, cilantro, pepitas, honey lime

Spinach Salad strawberries, maple glazed pecans, cranberries, feta, balsamic reduction, maple vinaigrette

Roasted Tomato & Artichoke Salad greens, quinoa & wild rice, feta, chives, balsamic reduction, vinaigrette

Creamy Chicken Salad Bowl fresh greens, spiral slaw, tomatoes, grapes, cranberries, red peppers, maple glazed pecans, balsamic reduction, maple vinaigrette (no salmon or tofu option)

Sandwiches GlutenFreeOptions choice of soup, salad du jour, sweet potato fries, or

waffle fries

Pimento Cheese Grills 11.95 **Roasted Tomato & Bacon, Chorizo & Jalapeno, or Spinach & Tomato**

Chicken Salad Croissant 13.95 grapes, cranberries, pecans, pepper, lettuce, tomato

BYO Beef* or Beyond Burger 12.95 lettuce, tomato, garlic mayo, additional toppings .50 each

Classic BLT or ALT or TLT 11.95 bacon, avocado, or turkey on whole wheat; lettuce, tomato, garlic mayo

Fajita Wrap Chicken 13.95 **Salmon** 14.95 pepper, onion, cheddarjack, avocado, salsa, sour cream, chives

Open Faced Melts GlutenFreeOptions croissant, garlic mayo, romaine, tomato, with lunch side

El Cubano Melt 13.95 pulled pork, smoked ham, red pepper, onion, swiss, honey mustard, chives

California Chicken Melt 13.95 grilled chicken, avocado, bacon, swiss cheese

Sante Fe Melt 13.95 grilled chicken, chili verde, cheddarjack, diced tomatoes, sour cream & chives

Turkey & Veggie Pepper Melt 13.95 smoked turkey, sautéed veggies, red pepper sauce, cheddar

Espresso

Cappuccino 5.49

espresso, steamed milk with lots of foam

Grande Latte 5.49

espresso, lots of steamed milk, a little foam

Black & White Mocha 5.95

espresso, white & dark chocolate, whip cream

Snickerdoodle 5.95

espresso, chocolate, hazelnut, caramel, whip cream

Cinnamon Latte 5.95

espresso, cinnamon, vanilla, whip cream

Caramel Latte 5.95

espresso, steamed milk, caramel, whip cream

Almond Joy 5.95

espresso, steamed milk, white & dark chocolate,

almond syrup, whip cream

Chai Latte 5.95

strong, sweet oregon chai tea & steamed milk

Wired Chai 6.95

espresso, oregon chai tea and steamed milk

Smoothies

Ocean Breeze 5.95

strawberries, pineapple, banana, apple juice

Boomin Blueberry 5.95

blueberries, kale, banana, orange juice

Flying Elvis 6.95

espresso, chocolate, peanut butter, milk, banana

Screaming Banshee 5.95

chocolate, peanut butter, milk, banana

Berry Blues 5.95

strawberries, blueberries, banana, yogurt

Peachy Keen 5.95

peaches, strawberries, apple juice

Super Green 5.95

spinach, pineapple, banana, apple juice

Juices

Spicy Tomato Pepper Carrot 5.95

Beet Carrot Apple Lemon Ginger 5.95

Carrot Apple Ginger 5.95

Lemon Apple Ginger 5.95

Strawberry Apple Pineapple 6.95
Beet Spinach Strawberry Apple 5.95
Kale Spinach Apple Carrot 5.95
Spinach Grape Apple Ginger 5.95

Milkshakes

Very Vanilla 6.50
Double Chocolate 6.50
Fresh Strawberry 6.50
Espresso 6.50
Peanut Butter Cup 6.50
Creamy Oregon Chai 6.50

Children's Menu (kids 12 and under) GlutenFreeOptions available

Funny Face Pancake 5.95 blueberry eyes, strawberry nose, whipped cream smile!
Kid's Pancake Sandwich 6.95 one mini pancake, one egg, 2 bacon strips, butter and syrup
Granny's French Toast 6.95 two pieces with powdered sugar, butter and syrup
Kid's Combo 6.95 one egg, two bacon strips, english muffin, fruit
Egg-a-Muffin 6.95 english muffin, one scrambled egg, cheese, veggie sausage, fruit
Grilled Turkey and Cheese 7.95 sliced smoked turkey on vienna bread, fries
Grilled Cheese 6.95 cheddarjack cheese on thick vienna bread, fries

Beverages

Juices: fresh orange, apple,
tomato, cranberry 3.50, 6.50
Organic Coffee & Decaf 3.25

Organic Flavored Coffee 3.25
Gourmet Hot Tea 3.25
Iced Tea, Soda 3.25

Fresh Lemonade 4.50
Milk, Chocolate Milk 3.50, 5.50
Hot Chocolate 3.95, 5.95

GF gluten free item GFO gluten free option available for extra charge. We cannot guarantee gluten free.

****These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, or eggs may increase your risk of food borne illness***

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