

Hot off the griddle with whipped butter and syrup

Sweet Potato Pecan Cakes*	10.95	Caramelized Banana Waffle	9.45
Blueberry Griddlecakes	9.45	Sweet Potato or Blue Corn Waffle*	9.95
Golden Griddlecakes	8.45	Belgian Waffle	8.95
Blue Corn Pepita Cakes*	10.95	French Toast	8.95
Dulce de Leche French Toast	9.95	Griddle Combo 2eggs, 2bacon, 2cakes	8.95

Blue Sky Benedicts 11.95 with poached eggs, homefries

California Croissant Benedict sliced avocado, fresh tomato, hollandaise, croissant

Smoked Salmon Benedict cream cheese, chives, hollandaise, english muffin

Classic Eggs Benedict thick smoked ham, hollandaise, english muffin

Omelets and Scrambles 10.95 with homefries, english muffin

Denver West Omelet* bacon, sausage, ham, red pepper, onion, cheddar, sour cream & chives

Roasted Tomato & Artichoke Omelet* fresh spinach and feta cheese

Avocado Bacon & Cheddar Omelet* fresh avocado slices, bacon & cheddarjack

Lean Mean Protein Omelet* egg whites, turkey, spinach, tomatoes, cheddarjack

Garden Veggie Omelet* spinach, tomato, pepper, mushrooms, zucchini, onion, cheddarjack, avocado

Boulder Omelet veggie sausage, red pepper, chili verde, salsa verde, cheddarjack, avocado

Spinach Scramble* bacon, mushrooms, cream cheese, cheddarjack, hollandaise on the side

Rio Grande Scramble* green chilies, red pepper, cream cheese, chili verde, cheddarjack, hollandaise

Breakfast Bowls, Burritos, Huevos

Quinoa or Oatmeal Superfood Bowl* 8.95 bananas, blueberries, maple syrup drizzle, pepitas, milk, english muffin, honey almond butter

Chia Berry Bliss Bowl* 8.95 berry & chocolate pudding, berries, bananas, granola. vegan, DF, SF, GF

Savory Breakfast Bowl* 9.95 quinoa, black beans, roasted tomatoes, artichokes, spinach, sautéed vegetables, yogurt, egg, spiced pepitas, cilantro (vegans sub tofu for eggs & yogurt)

Blue Sky Burrito 9.95 choice of ham, bacon, sausage, chorizo, chicken, barbacoa or tofu. scrambled eggs, chili verde, cheddarjack, tomatoes, salsa verde, sour cream, chives, whole wheat tortilla, homefries.

Santa Fe Huevos* 10.95 corn tortillas, black beans, basted eggs, chili verde, cheddarjack, tomatoes, sour cream, chives, homefries

Huevos Motulenos* 10.95 fried banana, corn tortillas, black beans, basted eggs, chili verde, feta, homefries

Mini Huevos* 8.95 corn tortilla, two basted eggs, chili verde, cheddarjack, homefries

Big Mama's Breakfast Skillets 10.95 homefries, cheddarjack, basted eggs, english muffin

Barbacoa Beef Skillet* red pepper, onion, jalapenos, chili verde

Chorizo Skillet* pepper, onion, chili verde, jalapenos

Country Skillet sausage, onions, peppers, gravy

Farmhand Skillet* bacon, ham, sausage, onion, red pepper, tomato, mushrooms, zucchini

Rainbow Veggie Skillet* mushrooms, spinach, tomato, zucchini, pepper, onions

Blue Sky Special* 11.95 eggs, bacon OR sausage. cakes, french toast, waffle OR biscuits & gravy, homefries

Great American Breakfast* 9.99 eggs, ham, bacon or sausage, english muffin; homefries

Breakfast Croissant Sandwich 8.95 egg, bacon, cheddar, homefries

*** notes gluten free item or option available – we cannot guarantee gluten free**

Lunch Bowls and Salads* 11.95 dressing on the side

Honey Chipotle Salad Bowl with Chicken, Salmon, or Tofu fresh greens, quinoa, cherry tomatoes, avocado, cilantro, maple spiced pepitas, honey lime dressing

Savory Quinoa Bowl with Chicken, Barbacoa, Salmon, or Tofu fresh spinach, sautéed vegetables, black beans, roasted tomatoes, roasted artichokes, cilantro, spiced pepitas, salsa, ranch

Sweet BBQ Salad Bowl with Chicken, Barbacoa, Salmon, or Tofu fresh greens, quinoa, black beans, cherry tomato, cilantro, spicy pepitas, bbq sauce, honey lime dressing

Peanut Lime Bowl with Chicken, Salmon, or Tofu cilantro lime slaw, quinoa, cherry tomatoes, cilantro, spiced pepitas, peanut lime sauce, honey lime dressing

Spinach Salad with Chicken, Salmon, or Tofu strawberries, maple glazed pecans, cranberries, feta, balsamic reduction, maple vinaigrette

Roasted Tomato and Artichoke Salad with Chicken, Salmon, or Tofu fresh greens, quinoa, feta, chives, balsamic reduction, balsamic vinaigrette

Creamy Chicken Salad Bowl fresh greens, cilantro lime slaw, cherry tomatoes, grapes, cranberries, red peppers, maple glazed pecans, balsamic reduction, maple vinaigrette

Sandwiches choice of kale slaw, soup, sweet potato fries or waffle fries

Barbacoa Beef Grill* 11.95 flatbread, garlic mayo, roasted tomatoes, swiss, sour cream, chives

California Chicken Croissant Melt* 11.95 garlic mayo, avocado, bacon, swiss, lettuce, tomato

Turkey Grill with Roasted Tomatoes, Artichokes, Bacon* 11.95 flatbread, mayo, spinach, swiss

Veggie Burger* 10.95 house made, tomato, avocado, kale slaw, salsa verde

BYO Burger* 11.95 grass fed beef, lettuce, tomato, garlic mayo. add .50 each: mushrooms, onions, red peppers, chilies, cheddarjack, swiss, bacon, chorizo, jalapenos, avocado

Fajita Wrap with Barbacoa, Chicken, or Salmon 11.95 sautéed pepper & onion, cheddarjack, greens, avocado, salsa verde, sour cream, cilantro, chives

Chicken Salad Croissant* 11.95 grapes, cranberries, pecans, pepper, lettuce, tomato

Classic BLT or ALT* 10.95 whole wheat, bacon or avocado, lettuce, tomato, garlic mayo

Flatbread

Roasted Tomato & Artichoke 8.95 garlic mayo, spinach, feta, balsamic reduction

Grilled Chicken, Roasted Tomato & Artichoke 9.95 garlic mayo, spinach, feta, balsamic

Spicy Salmon Fish Tacos* 11.95 cilantro cabbage slaw, chives, spiced pepitas, cheddarjack, sour cream, salsa verde, side kale slaw

Barbacoa Beef Tacos* 11.95 cilantro cabbage slaw, chives, spiced pepitas, cheddarjack, sour cream, salsa verde, side kale slaw

Beverages

fresh orange; apple, tomato,	Organic Flavored Coffee	2.99	Fresh Lemonade	3.99
cranberry juice 2.99, 3.99	Gourmet Hot Tea	2.99	Milk, Chocolate Milk	2.79, 3.79
Organic Coffee & Decaf 2.99	Iced Tea, Soda	2.99	Hot Chocolate	2.99, 3.99

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consuming raw or undercooked meats, poultry, or eggs may increase your risk of food borne illness

Fresh Fruit Smoothies 4.99

Ocean Breeze strawberries, pineapple, banana, apple juice

Boomin Blueberry blueberries, kale, banana, orange juice

Berry Berry Blues strawberries, blueberries, banana, yogurt, vanilla

Flying Elvis chocolate, peanut butter, milk, banana, espresso

Super Green spinach, pineapple, banana, apple juice

Screaming Banshee chocolate, peanut butter, milk, banana, vanilla

Kombucha (check availability) straight 2.50 lemon orange 3.50 orange berry 3.50

Fresh Juices Made to Order 4.99 / 6.99

Spicy Tomato Pepper Carrot

Beet Carrot Lemon Ginger

Carrot Apple Ginger

Strawberry Apple Pineapple

Kale Spinach Apple Carrot

Beet Spinach Strawberry Apple

Spinach Grape Apple Ginger

Lemon Apple Ginger

Espresso Bar 4.99

Cappuccino espresso, steamed milk with lots of foam

Grande Latte espresso and lots of steamed milk with a little foam

Black & White Mocha espresso, white and dark chocolate, whip cream

Snickerdoodle espresso, chocolate, hazelnut, caramel, whip cream

Cinnamon Latte espresso, cinnamon, vanilla, whip cream

Caramel Latte espresso, steamed milk, real caramel, whip cream

Almond Joy espresso, steamed milk, white & dark chocolate, almond syrup, whip cream

Chai Latte strong, sweet oregon chai tea & steamed milk

Wired Chai espresso, oregon chai tea and steamed milk

Real Ice Cream Milkshakes 5.99

Very Vanilla

Double Chocolate

Fresh Strawberry

Espresso

Peanut Butter Cup

Creamy Oregon Chai

Children's Menu (kids 12 and under)

Funny Face Pancake* 3.95 blueberry eyes, strawberry nose, whipped cream smile!

Kid's Pancake Sandwich* 4.95 one mini pancake, one egg, 2 bacon strips, butter and syrup

Granny's French Toast* 4.95 two pieces with powdered sugar, butter and syrup

Kid's Combo* 4.95 one egg, two bacon strips, english muffin, fruit

Egg-a-Muffin 4.95 english muffin, one scrambled egg, cheese, veggie sausage, fruit

Grilled Turkey and Cheese* 5.95 sliced smoked turkey on vienna bread, fries

Grilled Cheese* 4.95 cheddarjack cheese on thick vienna bread, fries

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